

Robert Carre Trust
Week 5
 Sept - Dec
Autumn Term
2nd October – 6th October

Name Class/Year

Monday		Tick
Main	Chicken in a tomato & basil sauce served with basmati rice & broccoli	
Main (V)	Vegetable risotto served with a curry sauce & broccoli	
Bread	Tuna roll, fruit, yoghurt, cake or cookie	
Dessert	Chocolate brownie & chocolate sauce	
Dessert	Fruit	
Dessert	Yoghurt	

Tuesday		Tick
Main	Lasagne served with new potatoes & peas	
Main (V)	Sweet potato, spinach & mozzarella tart served with new potatoes & peas	
Bread	Ham sandwich, fruit, yoghurt, cake or cookie	
Dessert	Homemade cookie	
Dessert	Fruit	
Dessert	Yoghurt	

Wednesday		Tick
Main	Ham pizza served with potato waffle & sweetcorn	
Main (V)	Cheese & tomato pizza served with potato waffle & sweetcorn	
Bread	Turkey mayonnaise wrap, fruit, yoghurt, cake or cookie	
Dessert	Lemon roly poly & custard	
Dessert	Fruit	
Dessert	Yoghurt	

Thursday		Tick
Main	Roast chicken, stuffing served with roast potatoes & carrot & peas, gravy	
Main (V)	Quorn nuggets, stuffing served with roast potatoes & carrot & peas gravy	
Bread	Chicken tikka baguette, fruit, yoghurt, cake or cookie	
Dessert	Krispy cake	
Dessert	Fruit	
Dessert	Yoghurt	

Friday		Tick
Main	Breaded salmon fingers served with a jacket potato & baked beans	
Main (V)	Vegetable samosa served with a jacket potato & baked beans	
Bread	Cheese roll, fruit, yoghurt, cake or cookie	
Dessert	Strawberry whip & a mini short bread	
Dessert	Fruit	
Dessert	Yoghurt	

Special Requirements Including any Food Allergies	Total Meals : Cost per Meal :£2.50 per meal Total Amount :£
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THURS 14 SEPT

Please return this form and payment by

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Please complete and detach this section and keep for your records (Parent's Copy) 2ND Oct

Monday	Tuesday	Wednesday	Thursday	Friday
M _{ain} V _{eg} D/ F/ Y	M _{ain} V _{eg} D/ F/ Y	M _{ain} V _{eg} D/ F/ Y	M _{ain} V _{eg} D/ F/ Y	M _{ain} V _{eg} D/ F/ Y